**Week 1**

Hello Primary 3! What a busy week we have all had with lots of changes to our normal routine. I've enjoyed catching up with you online and I am proud of you all for working so hard, even though we are not in school. If you have not left me a message already, please do so I know that you are managing to log in ok.

Below is some work for you to do today. Remember you can do it whenever it suits you. Don't forget to look for new activities on Studyladder. I will continue to add new ones every few days. When you have finished your work, please add it to your folder in the files section for Mrs Reynolds. Either by uploading a document or by taking a photo and uploading that.

Please let me know if you are having any difficulties and I will try my best to sort it out. Teams is being slow at times due to the number of people using it so if it doesn't work try logging out and back in or try again later. I will also get a copy of the work put on the school website.

**Maths – Time**

Good morning Primary 3. I am finding it hard to get into a routine at home. Can you help make me a schedule that I can use? Starting at 8am and finishing at 10pm, can you set times for me to do my main tasks? You can use this template

<<Maths 250320.docx>>

 or create your own.

* When will I eat?
* What chores might I have to do?
* I will need some daily exercise activity.
* Remember time for relaxation. I like to read, watch films and do puzzles. Have you got any other good ideas I could do?
* No activity can last more than 2 hours.

When you have finished you can add it to your folder in the files section for Mrs Reynolds. You can do it on the computer in a word document or do it on paper and then take a photo and upload it to your folder.

**Literacy**

Please do the first 2 pages in your Grammar Booklet -  Sentences Make Sense 1 and 2

Complete the first page of your Handwriting Booklet – Introducing Joined Writing

**P.E**

It is important that you and your family stay active. There are lots of great videos online but you could also design your own.

Task – Create a 20 minute workout routine for you and your family.

* Remember to include a warm up and cool down as well as your main activity.
* Think about what space and equipment you have at home. Can you get outside for some fresh air?
* Try out your workout with your family and let me know how you get on.

You can also go for a daily walk, jog, scoot or cycle. Try looking for signs of Spring if you do go out.

To chill out for bedtime you could do some Yoga. Have a look at the Cosmic Kids videos on Youtube. There are lots to choose from.

**Science**

For most of you I was able to send you home a little plant pot, with compost and seeds. You can plant these now using these instructions:

* Soak the compost pod in a little water until it expands and softens.
* Place the compost in the pot and make a small hole at the top.
* Place the seeds (that are under the tape on your pot) into the hole and cover over with compost.
* Put your pot on a small plate or dish in a sunny place and water it regularly.

 If you didn't manage to get a plant maybe you have some seeds at home you could plant?

I look forward to continuing our learning online and am looking at ways to continue reading our class novel. Look out for some further news about that soon!